NAPA

Year of Culture Quizzes

A Resource for **Activity Providers & Care Teams**

NAPA YEAR OF CULTURE

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Foreword

This quiz book has been created to celebrate the Year of Culture. It is designed for both group activities and one-to-one sessions.

The book is not for writing in, so please use paper or a whiteboard to record answers. Each section contains a mix of easy, medium and more challenging questions, along with conversation prompts to spark discussion and reminiscence. We hope this book brings enjoyment, laughter and a deeper appreciation of culture in all its forms.

Thank you for your dedication to enhancing the lives of the people you support.

Warm regards
Hilary Woodhead
Chief Executive, NAPA

CHIEF EXECUTIVE OFFICER NAPA

Hilary Woodhead

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Quiz Guidance

A quiz is a familiar activity that encourages competition and debate, keeps minds active and enables verbal communication and social interaction, but it requires preparation and an inclusive approach to ensure a positive experience for everyone.

10 Tips for before the quiz:

1. Do your research about St George's Day, make sure the information is accurate
2. Advertise your Hanukkah Quiz
3. Personally invite the people you support to attend
4. Invite family and friends Encourage staff to take part
5. Ask for help
6. Prepare the room in good time, allowing plenty of space
7. Set up sound e.g., equipment if needed
8. Ask staff to support residents to contribute
9. Print off a quiz for an instant activity that a person can do alone, in a small group, or one-to-one
10. If printing is difficult, you could also look at them on a tablet and note answers on a piece of paper

Tips for during the quiz

Quizzes don't need to be competitive, but they do need to be fun Explain any rules clearly

- Explain about St George's Day
- Play music as people arrive
- Speak clearly
- Check everyone can hear
- Spend time introducing people
- Consider an Ice Breaker e.g., sing a song together
- Welcome latecomers and include and encourage everyone to take part
- Direct questions to the whole group
- Try not to make people feel silly if they get it wrong 'That's a great answer but not the one I have here!'
- Have a few questions that you know those who find it more difficult will know the answer to
- Give clues
- Announce the last question
- Have a break
- Encourage little conversations between questions
- Give prizes
- Stay and chat
- Thank everyone for coming and ask them to come back next time

5 Tips for after the quiz:

1. Invite staff to help pack away
2. Ask them how they thought it went
3. Take time to reflect
4. Write up your notes
5. Feedback to the wider team

Faiths Around the World

Questions

1. Which religion celebrates Diwali?
2. What is the holy book of Christianity called?
3. Where do Muslims go to pray in a place of worship?
4. What is the Jewish festival of light called?
5. Which religion follows the teachings of Buddha?
6. What is the Sikh place of worship called?
7. Which religion celebrates Ramadan?
8. What is the Hindu festival of colour called?
9. What is the Christian celebration of Jesus' birth called?
10. Which religion has the Five Ks as part of faith practice?

Answers

1. Hinduism
2. The Bible
3. Mosque
4. Hanukkah
5. Buddhism
6. Gurdwara
7. Islam
8. Holi
9. Christmas
10. Sikhism

Conversation Prompts

- *Have you ever taken part in or seen a religious celebration or tradition?*
- *What traditions or beliefs were important in your family or community?*
- *Are there any places of worship you have visited or would like to learn more about?*

Countries and Traditions

Questions

1. In which country would you celebrate Lunar New Year most widely?
2. What country is famous for origami and cherry blossoms?
3. Where does the Day of the Dead (Día de los Muertos) originate?
4. Which country is known for the festival of Rio Carnival?
5. Where would you traditionally find a didgeridoo as part of culture?
6. Which country is known for Thanksgiving celebrations?
7. Where is the traditional tea ceremony most associated?
8. Which country is famous for Oktoberfest?
9. Where would you find the Maasai people?
10. Which country is known for the Highland Games?

Answers

1. China
2. Japan
3. Mexico
4. Brazil
5. Australia
6. United States
7. Japan
8. Germany
9. Kenya and Tanzania
10. Scotland

Conversation Prompts

- *Have you ever visited another country or would you like to travel somewhere?*
- *What traditions from other cultures have you seen or experienced?*
- *Is there a country you feel connected to through family, friends or memories?*

Symbols and Cultural Meaning

Questions

1. What symbol is important in Sikhism and includes a double-edged sword?
2. What does the crescent moon and star symbol represent?
3. What is the Jewish symbol often seen on synagogues and flags?
4. What flower is strongly associated with remembrance in the UK?
5. What does the lotus flower represent in Buddhism?
6. What is the Christian symbol of peace?
7. What colour is strongly associated with mourning in many East Asian cultures?
8. What is the Hindu sacred sound often used in meditation?
9. What symbol represents peace internationally?
10. What is the Islamic geometric art style known for?

Answers

1. Khanda
2. Islam
3. Star of David
4. Poppy
5. Purity and enlightenment
6. Dove
7. White
8. Om
9. Olive branch
10. Islamic geometric pattern or arabesque

Conversation Prompts

- *Are there any symbols that are meaningful to you or your family?*
- *What colours or symbols remind you of special memories or events?*
- *Have you ever worn or displayed something that represents your identity or beliefs?*

Food and Culture Around the World

Questions

1. Which country is sushi originally from?
2. What country is paella associated with?
3. Where did pasta originate?
4. Which country is famous for tacos?
5. What country is baklava traditionally from?
6. Where does curry originate culturally?
7. Which country is famous for kimchi?
8. What is the traditional flatbread in India called?
9. Which country is known for croissants?
10. Where does hummus originate?

Answers

1. Japan
2. Spain
3. Italy
4. Mexico
5. Turkey
6. India
7. Korea
8. Roti or naan
9. France
10. Middle East

(commonly Lebanon and surrounding regions)

Conversation Prompts

- *What is your favourite food or meal and what makes it special to you?*
- *Are there any foods that remind you of celebrations or family gatherings?*
- *Have you ever tried food from another culture that you really enjoyed?*

Festivals and Celebrations

Questions

1. What festival marks the end of Ramadan?
2. What is the Chinese New Year also known as?
3. What festival involves fireworks, bonfires and the Gunpowder Plot?
4. What Hindu festival celebrates light over darkness?
5. What is the Jewish New Year called?
6. What Christian festival celebrates Jesus rising from the dead?
7. What festival in India celebrates new beginnings and harvest?
8. What UK day remembers those who served in wars?
9. What festival celebrates love and friendship in February?
10. What African American cultural celebration is held in February in the USA?

Answers

1. Eid al-Fitr
2. Lunar New Year
3. Bonfire Night or Guy Fawkes Night
4. Diwali
5. Rosh Hashanah
6. Easter
7. Vaisakhi
8. Remembrance Day
9. Valentine's Day
10. Black History Month celebrations

Conversation Prompts

- *What celebrations or special days have you enjoyed the most in your life?*
- *How did you usually celebrate holidays or important occasions?*
- *Are there any traditions you would like to continue or share with others?*

Guess the Flag – NAPA Year of Culture Quiz

Questions

1. This flag has a red circle in the centre on a white background
2. This flag has a red dragon on a white and green background
3. This flag has a green, white and red vertical tricolour
4. This flag has a red circle with white stars in a blue field and red stripes
5. This flag has a red cross on a white background
6. This flag has a yellow star on a red background
7. This flag has a red, white and blue horizontal tricolour
8. This flag has a green crescent moon and star on a white background
9. This flag has a blue and white Star of David
10. This flag has a red maple leaf on a white background

Answers

1. Japan
2. Wales
3. Italy
4. United States
5. England
6. China
7. France
8. Turkey
9. Israel
10. Canada

Conversation Prompts

- *Do any of these countries feel familiar to you or hold special memories?*
- *Have you ever travelled abroad or would you like to visit somewhere new?*
- *What do you think makes each country unique or special?*

True or False

Questions

1. Diwali is celebrated by Sikhs
2. Ramadan is a month of fasting in Islam
3. The Eiffel Tower is in Germany
4. Holi is known as the festival of colour
5. Buddhism originated in India
6. Christmas is celebrated only in the UK
7. The Gurdwara is a place of worship for Sikhs
8. Japan is famous for sushi
9. The poppy is a symbol of remembrance in the UK
10. Eid marks the end of Ramadan

Answers

1. False
2. True
3. False
4. True
5. True
6. False
7. True
8. True
9. True
10. True

Bonus Question:

Food is an important part of many cultural traditions?

True

Guess the Flag – Round 2

Questions

1. This flag has a red circle on a white background with a simple design
2. This flag has a green cedar tree in the centre
3. This flag has a red and white maple leaf design
4. This flag has a red circle with rays on a white background
5. This flag has a green, white and orange vertical tricolour
6. This flag has a red background with a yellow hammer and sickle style emblem
7. This flag has a blue background with a yellow cross
8. This flag has a red dragon on a green and white background
9. This flag has a black, red and yellow horizontal tricolour
10. This flag has a red circle with a white crescent moon and star

Answers

1. Japan
2. Lebanon
3. Canada
4. Japan (Rising Sun variation)
5. Ireland
6. Soviet Union (historical flag)
7. Sweden
8. Wales
9. Germany
10. Turkey

Conversation Prompts

- *Do any of these countries feel familiar to you or hold special memories?*
- *Have you ever travelled abroad or would you like to visit somewhere new?*
- *What do you think makes each country unique or special?*

True or False – Round 2

Questions

1. The Lunar New Year is celebrated in many countries across Asia
2. Sushi is originally from China
3. Eid is celebrated at the end of Ramadan
4. The lotus flower is important in Buddhism
5. St Patrick is the patron saint of England
6. Diwali is celebrated with light and lamps
7. The didgeridoo is associated with Australia
8. Oktoberfest is held in France
9. The Gurdwara is a Sikh place of worship
10. Holi is celebrated in spring

Answers

1. True
2. False
3. True
4. True
5. False
6. True
7. True
8. False
9. True
10. True

Bonus Question:

Cultural traditions can be different even within the same country?

True

True or False
Culture & Faith Round 3

Questions

1. Christianity, Islam and Judaism are all monotheistic religions
2. Diwali is only celebrated in India
3. Sikhism was founded by Guru Nanak
4. Ramadan involves fasting from sunrise to sunset
5. Christmas is celebrated in December in most countries
6. Buddhism is a monotheistic religion
7. The Star of David is a symbol of Judaism
8. Holi is known as the festival of colour
9. The Gurdwara serves free food to all visitors in the tradition of Langar
10. The crescent moon is a symbol often associated with Islam

Answers

1. True
2. False
3. True
4. True
5. True
6. False
7. True
8. True
9. True
10. True

Bonus Question:

All cultures celebrate the same festivals in the same way?

False

Match the Symbol to the Religion

Match each symbol to the correct religion.

A. Buddhism
B. Christianity
C. Hinduism
D. Islam
E. Sikhism
F. Judaism

Answers
1. D Islam
2. E Sikhism
3. F Judaism
4. B Christianity
5. C Hinduism
6. A Buddhism

Picture Match

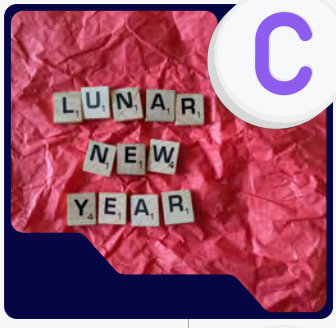
Questions

1. This food is popular in Italy
2. This food is often eaten in China during celebrations
3. This country is famous for cherry blossoms and sushi
4. This is a place of worship in Islam
5. This is a place of worship in Judaism
6. This celebration happens in December in many countries
7. This festival uses lamps and lights in Hindu culture
8. This celebration features dragons and red lanterns
9. This food is associated with India
10. This celebration marks the New Year in many Asian cultures

A

B

C



D

E

F

G

H

I

J

Answers

1. **Pizza – Italy -(I)**
2. **Dumplings – China - (G)**
3. **Japan - (E)**
4. **Mosque - (A)**
5. **Synagogue - (H)**
6. **Christmas - (J)**
7. **Diwali - (B)**
8. **Chinese New Year - (F)**
9. **Curry - (D)**
10. **Lunar New Year - (C)**

Art & Literature

Quiz Questions

1. Who painted the Mona Lisa?
2. Complete the title: Pride and _____.
3. Which British author created the detective Sherlock Holmes?
4. True or false: William Shakespeare wrote Romeo and Juliet.
5. Which Roald Dahl book features a girl with magical powers called Matilda?
6. What kind of bird features in Edgar Allan Poe's famous poem The Raven?
7. The famous painting The Starry Night was created by which artist?
8. What is the name of the fictional wizarding school in the Harry Potter series?
9. Which Brontë sister wrote Wuthering Heights?
10. In which city would you find the Louvre Museum?
11. Missing word: The Wind in the _____.
12. True or false: Beatrix Potter created the character Peter Rabbit.

Answers

1. Leonardo da Vinci
2. Prejudice
3. Sir Arthur Conan Doyle
4. True
5. Matilda
6. A raven
7. Vincent van Gogh
8. Hogwarts
9. Emily Brontë
10. Paris
11. Willows
12. True

Conversation Prompts

- *Have you ever visited an art gallery or museum?*
- *Which was your favourite?*
- *Who is your favourite author or poet?*
- *If you could step inside a painting, which one would you choose?*

Music & Dance

Quiz Questions

1. Which classical composer wrote The Four Seasons?
2. The Beatles came from which UK city?
3. True or false: The tango originated in Spain.
4. What type of instrument is a cello?
5. Which dance is linked to Scotland and performed with bagpipes?
6. Elvis Presley was known as the King of _____.
7. Which girl group had hits with Wannabe and Spice Up Your Life?
8. What style of music is Louis Armstrong famous for?
9. Complete the lyric: Twinkle, twinkle, little _____.
10. Which famous ballet features a princess who turns into a swan?
11. True or false: The ukulele comes from Hawaii.
12. What is the name of the traditional Spanish dance performed with castanets?

Answers

1. Antonio Vivaldi
2. Liverpool
3. False – Argentina
4. A string instrument
5. Highland dancing
6. Rock and Roll
7. The Spice Girls
8. Jazz
9. Star
10. Swan Lake
11. True
12. Flamenco

Conversation Prompts

- *Do you have a favourite song that always makes you want to dance?*
- *Have you ever been to a concert or live performance?*
- *What instruments can you play or would like to learn?*

Film & Theatre

Quiz Questions

1. Who played Mary Poppins in the 1964 film?
2. True or false: The Lion King was first a film before it became a stage musical.
3. Complete the title: The Sound of _____.
4. Which actor played James Bond in Goldfinger?
5. What is the name of the theatre district in London?
6. Who directed E.T. the Extra-Terrestrial?
7. True or false: Charlie Chaplin was famous in silent films.
8. In The Wizard of Oz, Dorothy's shoes were what colour in the film?
9. Which Shakespeare play features the characters Oberon and Titania? 10. What is the name of the Disney film about a wooden puppet who wants to be a real boy?
11. Who played Forrest Gump in the 1994 film?
12. Complete the line: "To be, or not to be, that is the _____."

Answers

1. Julie Andrews
2. True
3. Music
4. Sean Connery
5. The West End
6. Steven Spielberg
7. True
8. Ruby red
9. A Midsummer Night's Dream
10. Pinocchio
11. Tom Hanks
12. Question

Conversation Prompts

- *What was the first film you ever saw at the cinema?*
- *Do you prefer watching films at home or in the theatre?*
- *Who is your favourite actor or actress?*

Food & Traditions

Quiz Questions

1. Haggis is a traditional dish from which country?
2. True or false: Afternoon tea began in France.
3. What type of food is cheddar?
4. Which country is famous for sushi?
5. What sweet treat is eaten on Pancake Day in the UK?
6. The Chinese New Year is often celebrated with what type of animal symbols?
7. What nut is traditionally used in marzipan?
8. True or false: Fish and chips were first sold in Britain in the 19th century. 9. What is eaten to break the fast during Ramadan?
10. Which country is known for tapas?
11. What kind of fruit is used to make guacamole?
12. What is the name of the Italian dish made from layers of pasta, sauce and cheese?

Answers

1. Scotland
2. False – England
3. Cheese
4. Japan
5. Pancakes
6. Zodiac animals
7. Almonds
8. True
9. Dates
10. Spain
11. Avocado
12. Lasagne

Conversation Prompts

- *What is your favourite traditional meal?*
- *Have you ever tried food from another culture?*
- *What food reminds you of childhood?*

Landmarks & Heritage

Quiz Questions

1. Which city is home to the Eiffel Tower?
2. True or false: Stonehenge is in Scotland.
3. What is the name of the famous clock tower in London?
4. Which country has the Great Wall stretching thousands of miles?
5. Where would you find the Colosseum?
6. The Taj Mahal is in which country?
7. Which British city is known for its Roman Baths?
8. True or false: Mount Rushmore is in the United States.
9. Which cathedral in Paris was damaged by fire in 2019?
10. Which British landmark is often called “the dreaming spires”?
11. The Acropolis is found in which European country?
12. What is the tallest mountain in the world?

Answers

1. Paris
2. False – it’s in England
3. Big Ben
4. China
5. Rome
6. India
7. Bath
8. True
9. Notre Dame
10. Oxford
11. Greece
12. Mount Everest

Conversation Prompts

- *Have you ever visited a famous landmark?*
- *If you could visit any place in the world, where would you go*
- *Which part of the UK do you think has the most history?*

Around the World

Quiz Questions

1. Diwali is also known as the Festival of _____.
2. True or false: Oktoberfest is celebrated in Italy.
3. In which country is the festival of Holi, the festival of colours, celebrated?
4. Which country is famous for the carnival in Rio de Janeiro?
5. Chinese New Year is also called the _____ Festival.
6. Which country is home to the Maori culture?
7. What is the traditional dress of Japan called?
8. True or false: The pyramids are in Egypt.
9. Which festival of lights is celebrated by Jewish people?
10. Which country is famous for flamenco dancing?
11. What is the name of the American holiday celebrated with turkey in November?
12. Which African country is known for the safari and Mount Kilimanjaro?

Answers

1. Lights
2. False – Germany
3. India
4. Brazil
5. Spring
6. New Zealand
7. Kimono
8. True
9. Hanukkah
10. Spain
11. Thanksgiving
12. Tanzania

Conversation Prompts

- *Have you ever been to a cultural festival?*
- *Which celebration do you enjoy the most each year?*
- *If you could take part in a festival anywhere in the world, which would you choose*

Everyday Culture

Quiz Questions

1. What type of hat is traditionally worn at Ascot races?
2. True or false: Jeans were invented in the USA.
3. What is the name of the Scottish patterned fabric often used for kilts?
4. What is Cockney rhyming slang for “stairs”?
5. Which board game involves buying property such as Park Lane and Mayfair?
6. What type of garment is a sari?
7. Which sport is sometimes called “the beautiful game”?
8. True or false: Fish fingers were first sold in the 1950s.
9. Which toy building bricks were first made in Denmark?
10. What type of shoes are traditionally worn in ballet?
11. Which British annual event features hats, fascinators and horse racing at Windsor?
12. What is the name of the Japanese art of paper folding?

Answers

1. Top hat
2. True
3. Tartan
4. Apples and pears
5. Monopoly
6. A dress
7. Football
8. True
9. Lego
10. Ballet slippers or pointe shoes
11. Royal Ascot
12. Origami

Conversation Prompts

- *What games or hobbies did you enjoy growing up?*
- *Do you have a favourite style of clothing or fabric?*
- *What traditions do you keep in your everyday life?*

Missing Word Quiz

Quiz Questions

1. The Lion, the Witch and the _____.
2. Singing in the _____.
3. Romeo and _____.
4. The Great Wall of _____.
5. Gone with the _____.
6. Harry Potter and the Philosopher's _____.
7. Breakfast at _____.
8. War and _____.
9. West Side _____.
10. Alice's Adventures in _____.
11. The Phantom of the _____.
12. The Wizard of _____.

Answers

1. Wardrobe
2. Rain
3. Juliet
4. China
5. Wind
6. Stone
7. Tiffany's
8. Peace
9. Story
10. Wonderland
11. Opera
12. Oz

Conversation Prompts

- *Which of these stories or films do you remember most fondly?*
- *Did you ever read aloud in school plays or enjoy musicals?*
- *If you could recommend one book or film to a friend, which would it be?*

Picture Round

Answers

_____

_____

_____

_____

_____

_____

Answers

1. The Mona Lisa
2. The Eiffel Tower
3. Guitar
4. Sari
5. Big Ben
6. Ballet slipper
7. The Colosseum
8. Sushi
9. Shakespeare
10. Carnival mask

Fun Culture Round

Quiz Questions

1. Which Paddington character always wears a blue duffle coat?
2. True or false: Elvis Presley once starred in over 20 films.
3. What type of nut is used in Ferrero Rocher chocolates?
4. Which cartoon family lives in Springfield?
5. What is the name of the bear who loves honey in children's stories?
6. Which popular board game uses little playing pieces called counters?
7. True or false: The Beatles once performed on the roof of a building.
8. What animal is on the Welsh flag?
9. What is the name of the dance where people form a line and kick their legs?
10. What colour is Shrek the ogre?
11. Which traditional game uses a bat, a ball and wickets?
12. Which British comedy duo were famous for their song "Bring Me Sunshine"?

Answers

1. Paddington Bear
2. True
3. Hazelnut
4. The Simpsons
5. Winnie the Pooh
6. Ludo
7. True
8. A dragon
9. The can-can
10. Green
11. Cricket
12. Morecambe and Wise

Conversation Prompts

- *Who is your favourite comedy double act?*
- *Did you ever watch cartoons on television?*
- *Which games do you enjoy playing with friends or family?*

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